

# Literacy Assessment for Diabetes

(LAD)

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Patient Name/Number \_\_\_\_\_ Birth date: \_\_\_\_\_

Date \_\_\_\_\_ Clinic \_\_\_\_\_ Examiner \_\_\_\_\_

List 1	List 2	List 3
<b>eat</b> _____ eet <b>pill</b> _____ pīl <b>eye</b> _____ ī <b>fat</b> _____ fat <b>milk</b> _____ milk <b>sugar</b> _____ shoo-gēr <b>lunch</b> _____ lunch <b>meal</b> _____ meel <b>kidney</b> _____ kid-nee <b>drink</b> _____ drink <b>nurse</b> _____ nurs <b>fiber</b> _____ fī-bēr <b>fruit</b> _____ froot <b>supper</b> _____ sūp-ēr <b>bread</b> _____ bred <b>heart</b> _____ hart <b>blood</b> _____ bluhd <b>stress</b> _____ stress <b>meat</b> _____ meet <b>doctor</b> _____ dok-tūr	<b>thirst</b> _____ thūrst <b>exercise</b> _____ ek-sīr-sīz <b>exchange</b> _____ iks-chānj <b>direction</b> _____ duh-rek-shūn <b>hospital</b> _____ hos-pit-uhl <b>calorie</b> _____ kal-uh-ree <b>colon</b> _____ ko-luhn <b>urination</b> _____ yoor-uh-nay-shun <b>vision</b> _____ vīzh-un <b>protein</b> _____ prō-teen <b>vegetable</b> _____ vej-tuh-bul <b>snack</b> _____ snak <b>cereal</b> _____ ser-ee-ul <b>injection</b> _____ in-jek-shun <b>glucose</b> _____ gloo-kōs <b>breakfast</b> _____ brek-fuhst <b>insulin</b> _____ in-suh-lin <b>alcohol</b> _____ al-kuh-hall <b>medication</b> _____ med-ah-kā-shuhn <b>symptom</b> _____ simp-tuhm	<b>artery</b> _____ art-tē-ree <i>or</i> ar-tree <b>biosynthetic</b> _____ bī-ō-sin-thet-ik <b>abnormal</b> _____ ab-nor-muhl <b>cholesterol</b> _____ kah-les-tuh-rawl <i>or</i> rōl <b>glycogen</b> _____ gli-kuh-jēn <b>nephropathy</b> _____ nī-frap-uh-thē <b>prescription</b> _____ pri-skrip-shuhn <b>pregnancy</b> _____ preg-nuhn-see <b>ketones</b> _____ kee-tōnz <b>ketoacidosis</b> _____ kee-tō-ass-ih-dō-sus <b>pancreas</b> _____ pan-kree-uhs <b>hypoglycemia</b> _____ hī-pō-glī-see-mee-uh <b>atherosclerosis</b> _____ ath-uh-rō-skluh-rō-sis <b>occupation</b> _____ ok-yoo-pay-shuhn <b>triglycerides</b> _____ trī-glīs-uh-rīds <b>emergency</b> _____ ih-mūr-juhn-see <b>communication</b> _____ kuh-mū-nuh-kā-shuhn <b>hemoglobin</b> _____ hē-muh-glō-buhn <b>endocrinologist</b> _____ en-duh-krih-nawl-uh-jist <b>retinopathy</b> _____ ret-ehn-op-uh-thē
<b>Raw Score</b> 0-20  21-40 41-60	<b>Estimation of Grade Level</b> Fourth Grade and below. (Oral instructions should be given repeatedly with visual assistance.) Fifth-Ninth Grade Level Ninth Grade and Above	<b>Score</b> List 1 _____ List 2 _____ List 3 _____ Raw Score _____